

Consent for Service



What to Expect

Congratulations, you have made a commitment to improve your health and medical diagnosis through nutrition and lifestyle management!

We are committed to helping you achieve your health goals by understanding your needs, personality, and medical conditions to create a unique nutrition plan. Changing your lifestyle is a process that cannot be accomplished in one visit. Here is what you can expect:

Initial session (1-1.5 hours): Food and lifestyle assessment along with goal setting. Please have intake forms completed prior to your visit.

Follow up sessions (30minutes- 1 hour): Evaluation of food selections, physical activity, and follow-up laboratory work. Reviewing goals, objectives and providing tools to continue to meet them. New goals may be set to continue to achieve your long-term health goal.

What to Bring

New Patient Paperwork: All paperwork will be emailed to you. You can either complete it and e-mail it back or mail it. If you do not have an e-mail we will mail the documents to you. We encourage you to fill it out prior to your appointment to keep our appointment time more focused. Intake forms are also available to download on our website: HumlieMNC.com

Unfortunately, we are unable to extend appointment times for delayed paperwork submissions. Please call if you are experiencing any technical issues.

Lab values: Please fax labs to (855) 966-4121

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Scheduling

You can make appointments by phone at (503) 883-1724 or by e-mailing Gabby@HumlieMedicalNutritionCare.com. To ensure that we the necessary paperwork, appointments should be made at least 72 hours in advance (2 weeks in advance if you need paperwork to be mailed).

We require a card on file to comply with our cancellation policy.

Appointments start on time. If you are running late, your appointment time will be reduced so our office can stay on schedule. However, you will be billed for the original appointment scheduled time. If you are late, you will lose that appointment time.

No Show/Canceling: There will be a **\$20 no-show administration fee charged** for all appointments not **cancel 24 hours prior** to your scheduled appointment. If you reschedule and **attend** a replacement appointment within a week, this fee will be waived. There may be times when the provider's schedule will not accommodate rescheduling and we will charge the \$20 fee without the above rescheduling option.

Failing to communicate with your provider regarding cancellations and no-shows will result in same-day scheduling to help make the best use of our time.

Late cancellation fees and no-show fees are not covered by insurance.

Communication

Communication is important and necessary, and that is why during our visits you will receive dedicated time and attention. We do understand that questions may arise outside of our scheduled time. In that instance, you can call (503) 883-1724 or email Gabby@HumlieMedicalNutritionCare.com Please note that emails and phone calls will be returned within 24 hours Monday through Friday. We do not accept text messages as a form of communication.



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Some questions are extensive and you may be best served with an appointment. This will be at the discretion of the provider.

Acknowledgment

I understand that the Registered Dietitian Nutritionist at Humlie Medical Nutrition Care are not physicians trained to diagnose and treat medical problems. I agree to keep the staff of Humlie Medical Nutrition Care informed of any changes in my medical condition. Successful medical nutrition therapy and self-care education involve behavioral change. This change requires that I keep my scheduled appointments.

I also understand that the success I achieve in this program strongly depends on my ability to make permanent changes in my eating and exercise behavior. I agree to follow-up with the staff of Humlie Medical Nutrition Care for scheduled counseling sessions as needed. I am aware that the staff makes no claims or warranties regarding the results I should obtain under their direction.

I allow Humlie Medical Nutrition Care to email me through the email address that I provide. Please note that your email account may not be secure and Humlie Medical Nutrition Care is not responsible for ensuring HIPAA compliance when personal, work, or any email address(es) are provided as a method of communication.

I authorize Humlie Medical Nutrition Care to release medical information to any referring medical providers and insurance carriers for the purpose of continuity of care, claim submission, reimbursement and determining benefits and eligibility for services provided.

Print Name

Date

Signature