

Below is a list of nutrition-related conditions and their subsequent ICD-10 codes that an MD may refer to an RD for:

Adult Malnutrition

- E43 Unspecified severe protein-calorie malnutrition
- E44.0 Moderate protein-calorie malnutrition
- E44.1 Mild protein-calorie malnutrition
- E45 Retarded development following protein-calorie malnutrition
- E46 Unspecified protein-calorie malnutrition
- E64.0 Sequelae of protein-calorie malnutrition

Allergies

- K52.2 Allergic and dietetic gastroenteritis and colitis

Certain Infectious Diseases

- B20 HIV disease

Diabetes

- E10.____ Type 1 diabetes mellitus
- E10.1 Type 1 diabetes mellitus with ketoacidosis
- E10.2 Type 1 diabetes mellitus with kidney complications
- E10.3 Type 1 diabetes mellitus with ophthalmic complications
- E10.4 Type 1 diabetes mellitus with neurological complications
- E10.5 Type 1 diabetes mellitus with circulatory complications
- E10.6 Type 1 diabetes mellitus with other specified complications
- E10.64 Type 1 diabetes with hypoglycemia
- E10.65 Type 1 diabetes with hyperglycemia
- E10.8 Type 1 diabetes mellitus with unspecified complications
- E10.9 Type 1 diabetes mellitus without complications
- E11.____ Type 2 diabetes mellitus
- E11.0 Type 2 diabetes mellitus with hyperosmolarity
- E11.2 Type 2 diabetes mellitus with kidney complications
- E11.3 Type 2 diabetes mellitus with ophthalmic complications
- E11.4 Type 2 diabetes mellitus with neurological complications
- E11.5 Type 2 diabetes mellitus with circulatory complications
- E11.6 Type 2 diabetes mellitus with other specified complications
- E11.64 Type 2 diabetes with hypoglycemia
- E11.65 Type 2 diabetes with hyperglycemia

- E11.8 Type 2 diabetes mellitus with unspecified complications
- E11.9 Type 2 diabetes mellitus without complications

Disease of the Genitourinary System

- N20.0 Calculus of kidney

Diseases of the Blood

- D50.8 Other iron deficiency anemias (due to inadequate iron intake)
- D50.9 Iron deficiency anemia, unspecified
- D51.3 Other dietary vitamin B12 deficiency anemia (vegan anemia)
- D52.0 Dietary folate anemia
- D53.0 Protein deficiency anemia
- D53.9 Nutrition anemia, unspecified (simple chronic anemia)
- D64.9 Anemia, unspecified

Diseases of the Circulatory System

- I10 Essential (primary) hypertension
- I11.0 Hypertensive heart disease with (congestive) heart failure
- I11.9 Hypertensive heart disease without (congestive) heart failure
- I12 Hypertensive chronic kidney disease
- I25 Chronic ischemic heart disease
- I50 Heart failure

Diseases of the Digestive System

- K21.0 Gastroesophageal reflux disease with esophagitis
- K21.9 Gastroesophageal reflux disease without esophagitis
- K25 Gastric ulcer
- K27 Peptic ulcer, site unspecified
- K29.2 Alcoholic gastritis
- K29.5 Unspecified chronic gastritis
- K29.7 Gastritis, unspecified
- K44 Diaphragmatic hernia
- K50.0 Crohn's disease of small intestine
- K50.1 Crohn's disease of large intestine
- K50.8 Crohn's disease of both small and large intestine
- K50.9 Crohn' disease, unspecified
- K51 Ulcerative colitis
- K57.1 Diverticulosis of small intestine without perforation or abscess

- K57.3 Diverticulosis of large intestine without perforation or abscess
- K58 Irritable bowel syndrome
- K59 Constipation
- K59.1 Functional diarrhea
- K70.3 Alcoholic cirrhosis of liver
- K86.0 Alcohol-induced chronic pancreatitis
- K86.1 Other chronic pancreatitis
- K90.0 Celiac disease

Diseases of the Musculoskeletal System

- M81.0 Age-related osteoporosis without current pathological fracture
- M81.8 Other osteoporosis without current pathological fracture

Diseases of the Nervous System

- G47.30 Sleep apnea, unspecified
- G47.33 Obstructive sleep apnea

Endocrine, Nutritional and Metabolic Diseases

- E03.9 Hypothyroidism, unspecified
- E05.90 Thyrotoxicosis, unspecified
- E16.1 Other hypoglycemia
- E16.2 Hypoglycemia, unspecified
- E28.2 Polycystic ovarian syndrome
- E73.0 Congenital lactase deficiency
- E73.1 Secondary lactase deficiency
- E73.8 Other lactose intolerance
- E73.9 Lactose intolerance, unspecified
- E78.0 Pure hypercholesterolemia
- E78.1 Pure hyperglyceridemia
- E78.2 Mixed hyperlipidemia
- E78.3 Hyperchylomicronemia
- E78.4 Other hyperlipidemia
- E78.5 Hyperlipidemia, unspecified
- E78.8 Other disorders of lipoprotein metabolism
- E78.9 Disorder of lipoprotein metabolism, unspecified
- E84 Cystic fibrosis
- E88.81 Metabolic syndrome
- M1A.3 Chronic gout due to renal impairment

- M1A.9 Chronic gout, unspecified
- M10.3 Gout due to renal impairment
- M10.4 Other secondary gout
- M10.9 Gout, unspecified

Kidney Disease

- N18.5 Chronic kidney disease, stage 5
- N18.4 Chronic kidney disease, stage 4
- N18.3 Chronic kidney disease, stage 3
- N18.2 Chronic kidney disease, stage 2
- N18.1 Chronic kidney disease, stage 1
- Z94.0 Kidney transplant status

Mental, Behavioral, and Neurodevelopmental Disorders

- F50.00 Anorexia nervosa, unspecified
- F50.01 Anorexia nervosa, restricting type
- F50.02 Anorexia nervosa, binge eating/purging type
- F50.2 Bulimia nervosa
- F50.8 Other eating disorder
- F50.9 Eating disorder, unspecified

No Specific Diagnosis

- Z71.3 Dietary counseling and surveillance

Pediatric Weight Management

- Z68.52 BMI, pediatric, 5th percentile to less than 85th percentile for age
- Z68.53 BMI, pediatric, 85th percentile to less than 95th percentile for age
- Z68.54 BMI, pediatric, greater than or equal to 95th percentile for age

Pregnancy

- O21.0 Mild hyperemesis gravidarum
- O21.1 Hyperemesis gravidarum with metabolic disturbance
- O21.2 Late vomiting of pregnancy
- O24.01 Pre-existing diabetes mellitus, type 1, in pregnancy
- O24.11 Pre-existing diabetes mellitus, type 2, in pregnancy
- O24.410 Gestational diabetes mellitus, diet-controlled
- O24.414 Gestational diabetes mellitus, insulin-controlled
- O26.00 Excessive weight gain in pregnancy, unspecified trimester
- O26.10 Low weight gain in pregnancy, unspecified trimester

- O99210 Obesity complicating pregnancy, unspecified trimester

Symptoms, Signs, and Abnormal Clinical and Laboratory Findings

- R73.01 Impaired fasting glucose
- R73.02 Impaired glucose tolerance test (oral)
- R73.09 Other abnormal fasting glucose (pre-diabetes)

Weight Management

- E66.0 Obese due to excess calories
- E66.01 Morbid (severe) obesity due to excess calories
- E66.1 Drug induced obesity
- E66.2 Extreme obesity with alveolar hypoventilation (Pickwickian Syndrome)
- E66.3 Overweight
- Z68.30 BMI 30.0-30.9, adult
- Z68.31 BMI 31.0-31.9, adult
- Z68.32 BMI 32.0-32.9, adult
- Z68.33 BMI 33.0-33.9, adult
- Z68.34 BMI 34.0-34.9, adult
- Z68.35 BMI 35.0-35.9, adult
- Z68.36 BMI 36.0-36.9, adult
- Z68.37 BMI 37.0-37.9, adult
- Z68.38 BMI 38.0-38.9, adult
- Z68.39 BMI 39.0-39.9, adult
- Z68.41 BMI 40.0-44.9, adult
- Z68.42 BMI 45.0-49.9, adult
- Z68.43 BMI 50.0-59.9, adult
- Z68.44 BMI 60.0-69.9, adult
- Z68.45 BMI > 70.0, adult
- E66.8 Other obesity
- E66.9 Obesity, unspecified – obesity NOS
- R62.51 Failure to thrive, child
- R63.4 Abnormal weight loss
- R63.5 Abnormal weight gain – not during pregnancy
- R63.6 Underweight
- Z68.1 BMI 19 or less, adult
- Z68.51 BMI, pediatric, less than 5th percentile for age